

## Eden at Home™



## Caring for elders who live at home

This meaningful workshop focuses on changing perceptions of elders at home and in the community. Applying Eden at Home™ concepts and The Ten Principles of The Eden Alternative®, will broaden awareness and provide tools on improving quality of life for elders living at home and their care partners by eliminating the three plagues of **loneliness**, **helplessness**, and **boredom**.

The workshop consists of two sessions. A follow-up talk story meeting to discuss how these concepts have helped you will be held a month later. Please plan to commit to the two meetings to benefit the most from the experience.

Date: June 1<sup>st</sup> & June 8<sup>th</sup>, 2013 (Saturdays)

Commitment to both sessions must be

made.

Where: Our Lady of Good Counsel Church

1525 Waimano Home Road, Pearl City

Time: 8:30 a.m. to 1:00 p.m.

(Refreshments will be served)

A nominal \$10.00 registration fee will be assessed for workshop manuals.

<u>Workshop is limited to 24 participants</u>. Please mail checks payable to Project Dana, 902 University Avenue, Honolulu, HI 96826 one week prior to workshop date. Please note the place and date of your training on your check.

For further information or to register, call Project Dana at 945-3736, or projdana@hawaiiantel.net

Trainings are conducted by Eden certified trainers of Project Dana who received an Eden Champion Award at the 5<sup>th</sup> International Eden Alternative Conference in Denver, Colorado in June 2010.

