



WORKING TOGETHER TO HELP OTHERS

Please join us for lunch

**MONDAY, September 28, 2009**

**11:30 a.m. to 1:00 p.m.** Miyama Main Hall, Harris United Methodist Church  
Nuuanu Ave. and South Vineyard Blvd.  
Ample parking - driveway off Nuuanu Ave.

**AGENDA:**

**11:30 Luncheon:**, Salad, Drinks, Dessert by Eloise \$5.00 Donation

**11:45 Welcome:** Introductions and Remarks, Larry Geller, President

**12:00 Program: Laurie Temple**, Staff Attorney for the ACLU of Hawaii: **“The ACLU - 89 and Still Defending Civil Rights: Activism at Any Age.”** Temple is a 2004 Loyola Law School graduate and, prior to joining the ACLU, worked at the California Women’s Law Center and the Western Law Center for Disability Rights.

**Questions and Answers**

**12:50 Announcements**

**1:00 Adjourn**

**Lunch Host: Jan Bappe**

Board meeting: 10:00 a.m. preceding lunch.

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**Notes from August Luncheon: Jacob Silva: St. Francis “Staying Healthy At Home”**

*Staying Healthy at Home* is a health and wellness program designed for healthy seniors as well as for seniors and individuals living with a chronic condition who enjoy their independence but may require assistance with daily activities. As an alternative to assisted living facilities and nursing homes, it acts as a one-call center for all the services you may need.

The annual membership fee of \$600 per person, \$900 per couple includes home safety evaluation, health screenings, weekly follow-ups, chronic disease management, pharmacist medication reviews, initial consultation for estate planning, invitations to educational seminars, volunteers to assist with errands and light housekeeping.

Other services such as yard service, transportation, adult day services, personal medical alert systems, bathing & personal services are available on a fee-for-service basis.

If a member is no longer able to stay at home, a social worker will help find an appropriate placement.

**AARP reports nearly 11 percent of Hawaii residents aged 50-64 are without health insurance. As the economy worsens, this number is likely to increase.**

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**TO THE LEGISLATURE AND The GOVERNOR: Members suggest ways to balance budget.**

- ✓ Cutting the budget of the Dept. of Public Safety by using less expensive alternatives to incarceration (i.e. drug treatment, community-based programs, electronic monitoring).
- ✓ Raising taxes on soft drinks – a health benefit and a revenue source.
- ✓ Increase the excise tax, but exempt tax on food.
- ✓ Increase the income tax on upper income people.

**VISIT OUR TABLE AT THE SENIOR FAIR  
FILL OUT SURVEY TO WIN GIFT CARDS  
BLAISDELL CENTER**

**SEPTEMBER, 25, 26, 27 8:30am-4:30pm**

Kokua Council is sharing table 102, aisle A with HARA

Fill out a short survey that Kokua Council and the Hawaii Alliance of Retired Americans are sponsoring on how Seniors feel about economic and other problems facing Hawaii. On the last day of the Senior Fair, we will have a drawing to randomly select three winning entries. Prizes are a gift card from Safeway, Longs Drugs and Consolidated Theaters.

**MESSAGE FROM Neil Abercrombie, Member of Congress**

So far, Hawaii is receiving more than \$1.3 billion. These projects include:

Education

- \$192 million: State Fiscal Stabilization Fund, a one-time investment to stabilize state and local budgets and help them avoid cuts in education and other essential public services.
- □\$33 million: Elementary and Secondary Education Act grants, to schools with low-income children to help every child to meet state academic standards.

Law Enforcement

- The Honolulu Police Department: \$5.2 mil for salary and benefits to add 21 additional police officers.
- The Hawaii Attorney General: \$6.4 million for efforts against sex crimes, gang violence, property crimes, cyber crimes, and for drug and mental health courts, youth services and drug enforcement.

Defense

- \$31 million for facilities maintenance, restoration and modernization of the Kauai Pacific Missile Range.
- \$20 million for the repair of Wharf S1 at Pearl Harbor Naval Station.

Health and Human Services

- □\$136 million to avoid cuts in Medicaid.
- □\$8.5 million to upgrade and expand Hawaii's Community Health Centers.

Transportation

- \$43.8 million in federal funding for Hawaii's mass transit system.
- \$18 million for bridge replacement and improvement at the Punaluu Stream on Kam Hwy.

- \$15 million for repairs and improvement at Maui's Kahului Airport.

**PROJECT DANA HAS RECEIVED A GRANT FROM HAWAII COMMUNITY FOUNDATION'S "PIN" (PERSONS IN NEED).**

It provides assistance to those in need of transportation to medical visits or shopping; respite to family caregivers; or installation of home safety devices to prevent falls in their homes. Those 65 years and older on Oahu are encouraged to apply; preference to those with financial need. For those needing respite, this one time funding may help pay for Adult Day/Health Care or a private hire from an agency. Funds are also possible for those who serve as drivers and provide transportation. Some funds may be approved for taxi fares to those needing transportation to medical appointments. Contact the Project Dana office at 945-3736 for further details.

**Kokua Council Sponsors 6<sup>th</sup> ANNUAL COMMUNITY FORUM  
"BE A PART OF THE SOLUTION"**

MONDAY OCTOBER 19, 11:30 -1:30 **Note: printed newsletter has wrong date**  
Harris Methodist Church, Nuuanu Ave. and S. Vineyard Blvd. Parking behind church  
**Round table discussion by leaders of key Legislative Caucuses**

Administrators, legislators, representatives from nonprofit and other organizations involved with seniors as well as advocacy groups who have needs/concerns that can be helped legislatively or by other means will present their issues.

This session starts the process of deciding our legislative priorities for 2010. To help us in this process we have invited community leaders and policy makers to share their knowledge about the pressing needs of the community and their thoughts on how to address these needs. We hope this venue will encourage a common effort among advocacy groups so as to be more effective in the legislature.

**To reserve a lunch, ask for time on the agenda or for more information call Laura Manis, 597-8838 or email, manis@ lava.net**

Who's behind those flag-waving TV ads scaring seniors about health reform? The 60 Plus Association, which for years was backed by pharma and insurance interests.

Link to article:

<http://infonet/Communications/InternalCommunications/BoardNotes/2009/BN082509/BN082509SixtyPlus.htm>

**Kapi'olani Community College's TV Series Dedicated to Hawaii's Seniors and Their Families!**

Hosted by Cullen Hayashida & David Nakamaejo

August 24 – December 15, 2009, Mondays at 8:30pm & Tuesdays at 11:30pm on Channel 55 (1/2 hr)

**Call to suggest topics or issues that you would like to see on**

**Kupuna Connections Oahu – Call (808) 734-9469 Email: cullen@hawaii.edu**

*September:* 14,15 Occupational Therapy on Home Modification, Sept. 21,22 Affordable Home Repair Loan Program, Sept.28,29 Walkers: What's Available? How to Select?

**Joint Keiki and Kupuna Caucus:** Friday 18, 9:30-11:30, State Capitol Auditorium, Briefing on Health care reform before Congress. AARP's Senior Legislative Representative for Congressional Relations, Greg Wang, will be in Hawaii and provide us with a status update on key health care legislation before

Congress.



Kokua Council for Senior Citizens  
of Hawaii Education Fund, Inc.  
20 South Vineyard Blvd.  
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<http://www.kokuacouncil.org>

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### Who Are We?

The Kokua Council is one of Hawaii's oldest advocacy groups. There is a \$5 annual membership to defray printing and postage costs. At each meeting, topical issues are presented for discussion and possible action. We embrace diversity and extend a special invitation to any senior or intergenerational minded individual interested in advocating for these important issues in Hawaii." All are welcome. WHEN 4th Monday of every month, 11:30 a.m. to 1:00 p.m. WHERE Harris United Methodist Church @ Nuuanu and Vineyard Blvd., Ample parking and a light lunch are provided for \$5. REACH US c/o Harris United Methodist Church, 20 South Vineyard, Honolulu, Hawaii 96813

**Mission:** "Kokua Council advocates and seeks to empower seniors and other concerned citizens to be effective advocates in shaping the future and well-being of our community, with particular attention to those needing help in advocating for themselves. "

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### JOIN KOKUA COUNCIL

Yes! I want to join Kokua Council. Here are my annual dues and my contact information. I understand that my phone number will be added to the Kokua Phone Tree and I will receive the monthly newsletter and occasional e-mails. Our fiscal year starts in January. Please make checks payable to Kokua Council.

<b>INDIVIDUAL MEMBERS</b>	<b>LIFE MEMBER</b>	<b>ORGANIZATIONAL MEMBERS</b>	<b>DONATIONS</b> _____
___ \$5.00	___ \$100.00	___ \$25.00	

Name \_\_\_\_\_ Phone \_\_\_\_\_ Fax \_\_\_\_\_ Email \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Mail to: Treasurer, Kokua Council, Harris United Methodist Church, 20 S. Vineyard Blvd.,  
Honolulu, HI 96813